

DAYS **SPRING**

EDUCATIONAL AND THERAPEUTIC SERVICES



Community
Calendar
Activities

January—August
2012



1665 Coal Creek Drive
Lafayette, CO 80026
303.926.6493

www.imagedayspring.org

Table of Contents

Introduction to Community Calendar Activities	3
Many Thanks to Our Community Supporters	4
How Community Activities Work	5
January—August 2012 Calendars	6
<i>Activity Descriptions:</i>	
Airborne Gymnastics	14
B & C Bounce Town	16
Kids Farm Fest	18
Gymboree	20
Messy Play Day	22
Mountain Kids	24
Stomping With Sara	26
WOW! Children's Museum	28
Rate Information and Admission Fees	30
Community Events Suggestions	31

Introduction to Community Calendar Activities

DAYSPRING would like to introduce you and your family to places in our community that offer great activities and opportunities for children to meet their goals through fun and play. All activities encourage motor, sensory, social-emotional, cognitive, and speech-language development.

Each location has activities that are age and developmentally appropriate. Activities are centered around play, because play is the primary vehicle for a child's mental and physical growth. Play has a vital role in cognitive, speech-language, physical, emotional, and social development.

Much of young children's learning takes place when they direct their own play. Learning occurs as children touch, manipulate, experiment, and talk about things, while interacting with people who facilitate without directing. During play, children are provided with sensory experiences and opportunities to move. Young children need to climb, run, jump, and challenge themselves motorically. Children are natural explorers and instinctively touch, taste, hear, and observe the world around them.

Please join us and experience these great activities and locations for yourself! If you have questions about which activities would best meet your child's needs, contact Pat Uhler (Early Childhood Specialist) at (303) 918-4784 or Sara Ostrom (Occupational Therapist) at (303) 249-5227.

Many thanks to our community supporters!

DAYSPRING would like to acknowledge the following for their generous support of our Community Activities, which would not be possible without their ongoing help.



Linoel Aleskin

Abigail Gosselin

Hall Family Fund of the Community Foundation

Herbert Parker Trust

James H. Woods Foundation

Maureen Kelly

Jan Rasmussen

Santa's House Project

Daniel & Sandra Stevens

This is how it works!

Please meet us at the location listed with each activity. Pat Uhlir, Early Childhood Specialist, and Sara Ostrom, Occupational Therapist, will be there to greet you. Admission fees will be covered for children enrolled in
DAYSRING.





Siblings are welcome to participate in all activities. Parents are responsible for admission fees for siblings, and are responsible for monitoring siblings to ensure their safety.

If you are bringing more than one child please make sure you are able to provide enough adult supervision for all of the children.

If you have questions about what to expect at a particular event, call Pat Uhlir at (303) 918-4784. If you are unable to reach Pat, try Sara Ostrom at (303) 249-5227.

If you are wondering if a scheduled event is still happening, call the Community Calendar Cancellation line at (303) 926-6437.

January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9  9-9:45 AM	10  9-9:45 AM	11	12	13	14
15	16	17  9-9:45 AM	18  9-10 AM	19	20	21
22	23	24  9-9:45 AM	25	26  11:30 AM-12:30 PM	27	28
29	30	31  9-9:45 AM				

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 <p>9-10 AM</p>		 <p>9-10 AM</p>	
5	 <p>9-9:45 AM</p>	 <p>9-9:45 AM</p>				
12		 <p>9-9:45 AM</p>	 <p>9-10 AM</p>			
19		 <p>9-9:45 AM</p>		 <p>11:30 AM-12:30 PM</p>		
26		 <p>9-9:45 AM</p>				

March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	 Stomping With Sara 9-9:45 AM	 BOC Bounce 9-10 AM	8	9	10
11	 GYMBORECE Play & MUSIC 9-9:45 AM	 Stomping With Sara 9-9:45 AM	14	15	 Mountain Kids 9-10 AM	17
18	19	 Stomping With Sara 9-9:45 AM	 WOW! WORLD OF WONDER CHILDREN'S THEATRE 9-10 AM	22  Airborne Gymnastics 11:30 AM- 12:30 PM	23	24

Spring Break:
No Activities

April 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			4	5	6  9-10 AM	7
Spring Break: No Activities						
8	9  9-9:45 AM	10  9-9:45 AM	11	12	13	14
15		17  9-9:45 AM	18  9-10 AM	19	20	21
22	23	24  9-9:45 AM	25	26  Airborne Gymnastics 11:30 AM- 12:30 PM	27	28
29	30					

May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1  Stamping With Sara 9-9:45 AM	2  B&C BounceTown 9-10 AM	3	4	5
6	7  GYMBOREC Play & Music 9-9:45 AM	8  Stamping With Sara 9-9:45 AM	9	10	11  Mountain Kids 9-10 AM	12
13	14	15  Stamping With Sara 9-9:45 AM	16  WOW! WORLD OF WONDER CHILDREN'S MUSEUM 9-10 AM	17	18	19
20	21	22	23	24  Kids Farmfest 9:30-11 AM	25	26
27	28	29	30	31		

June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	 9-9:45 AM	4	 9-10 AM	5	6	7
8	9	10	11	12	13	 9-10 AM
14	15	16	17	 9-9:45 AM	18	 9-10 AM
19	20	21	22	23	24	25
26	 9:30-10:30 AM	27	28	29	30	

July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	 9-9:45 AM	10	 9-10 AM	12	13	14
15	16	17	 9-10 AM	19	 9-10 AM	21
22	 9-9:45 AM	24	25	26	27	28
29	30	31				

August 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
<p>DAYSPRING is not offering Community Calendar Events for the month of August. We will resume activities in the month of September with a September-December 2012 Calendar that will be sent to you through the mail before the end of August. We will see you in September!</p>						

Airborne Gymnastics

Thursdays:
11:30 AM-12:30 PM



January 26, February 23,
March 22, April 26



No admission fee for children enrolled
in Dayspring.

No charge for siblings at this activity.

For more information about classes offered at
Airborne Gymnastics contact them at
(303) 651-1456.

Longmont

What Airborne Gymnastics Has To Offer:

- Large open space with a variety of gymnastics-based equipment for motor development
- Loosely structured group, everyone explores at their own pace
- Some of the equipment is intended for an older age group, but the pit full of foam is a favorite among the younger participants
- Exposes kids to a variety of gross motor challenges, which they can work on at their own pace
- Focus is on gross motor skill development such as running, jumping, hopping, somersaulting, and suspended swinging on a bar
- Excellent for focus on total body strengthening and endurance



Location: 1816 Boston Ave.,
Longmont

B & C Bounce Town



Wednesdays: 9:00-10:00 AM
February 1, March 7, May 2,
June 6, July 11

Come join us as we explore B&C Bounce Town!

Come ready to climb, bounce, and slide *with* your child. B & C Bounce Town is a safe indoor bouncer facility that features six interactive inflatable bouncers, obstacle courses, and a slide.

Be aware that the generators used to inflate the equipment are loud!

For more information about activities offered at B & C Bounce Town contact them at (303) 774-9550 or visit their web site at www.bncbouncers.com.

Longmont



- ☺ **Waivers** must be signed for both children & adults to bounce!
- ☺ **Socks** must be worn by both parents & children!
- ☺ Best suited for children 18 months and older.

No admission fee for children enrolled in Dayspring.

\$5.00 admission fee for each sibling.

Location: 1821 Lefthand Circle, Unit C,
Longmont

Directions: From HWY 287 turn west onto Pike Road. From Pike Road turn right onto S. Sunset. From S. Sunset turn left on to Lefthand Circle

Kid's Farmfest



Outdoor Event!

In case of bad weather this event will be cancelled.
Cancellation information will be available one hour
prior the event at (303) 926-6437

Thursday, May 24
9:30-11:00 AM

This activity will be more
fun if children are
prepared with...

- Bug spray
- Old clothes
- Shoes (no sandals)



Longmont



Visit the petting zoo or the hay maze, play in the giant sandbox, climb the tree house, swing, or feed the goats.

If you are bringing more than one child please make sure you are able to provide enough adult supervision for all of the children.

Dayspring will pay admission for Dayspring family members. If Dayspring families bring guests, the rate is \$4 per person (kids under 12 months free).

For more information about activities offered at Farmfest, check out their web site at sunflowerfarminfo.com or call (303) 661-0954.

Location: 11150 Prospect Road, Longmont

Directions: Take 287 (same as Main Street in Longmont); Go east on Prospect Road (at the Green Spot Nursery)

FYI... Prospect Road is between Oxford and Pike; Go 3/4 of a mile to 11150 Prospect Road



Mondays 9:00—9:45 AM

January 9

February 6

March 12

April 9

May 7

June 4, 18

July 9, 23

For more information about
other classes offered at
Gymboree contact them at
(303) 546-0081

Boulder

Gymboree's colorful playscapes encourage balance, coordination, and fun. All activities are geared to turn locomotion into learning. Through play, children develop the self-esteem, coordination, and social skills necessary to grow.

Join **DAYSRING** for open gym at Gymboree! An early childhood specialist and occupational therapist will be present to answer questions and to lead a closing circle with singing.

Children do not need to be walking to enjoy this activity.

No admission fee for children enrolled in Dayspring.

\$5.00 admission fee for each sibling.

Location: 2525 Arapahoe Ave., Boulder
(Behind Peaberry Coffee and next to Grand Rabbits Toy Store)

Dayspring Messy Play Day

Wednesday, June 27, 9:30-10:30 AM

Sensory fun that your entire family can enjoy! Sand, water, pools, shaving cream, Jell-O, paint, textures and more. Experience them all in one fun filled morning. The best part is you don't have to clean up the mess!



Make sure you and your child are dressed to get really messy! You may want to bring a towel & a change of clothing for your child.

Lafayette



Outdoor Event!

In case of bad weather, this event will be canceled.

Cancellation information will be available *one hour* prior the event at (303) 926-6437

No admission fee for children enrolled in
Dayspring or siblings.

Location: On the playground behind Imagine!,
1400 Dixon Avenue, Lafayette



Fridays: 9:00-10:00 AM

February 3, March 16, April 6

May 11, June 15, July 20

At Mountain Kids, there are mountains to climb, rivers to cross, jungles to conquer and fun to be had. Also, strength, flexibility, coordination, confidence, and new skills are acquired everyday. At Mountain Kids, children discover their amazing movement potential through GYMNASTICS & DANCE classes in a safe, creative and encouraging environment!

For more information about other classes at Mountain Kids, please visit their website at www.mountain-kids.com or call (303) 665-8287.

Louisville

What Mountain Kids Has to Offer:

- Inspiring Pint-Size Equipment
- Opportunity to explore and improve Gross Motor Movement
- Bright Colorful Environment
- Flexible structured play-time for Dayspring children to discover how their bodies move
- Focus on spatial awareness, balance and coordination
- Over 30 years of experience in gymnastics, dance, and movement exploration



No admission fee for
children enrolled in
Dayspring.
\$5.00 for Siblings.

Location: 474 S. Taylor Ave., Louisville, in the Colorado Technology Center. HWY 287 to Dillon Road, go west approximately 1/2 mile, turn right on Pierce Ave. Take first right on Taylor, go .2 miles and just past Boxelder St. Turn right into parking lot.

Stomping With Sara



Tuesdays:

9:00-9:45 AM

January 10, 17, 24, 31

February 7, 14, 21, 28

March 6, 13, 20

April 10, 17, 24

May 1, 8, 15



Great for kids who love music and movement. Also a great opportunity to meet other families and help young children begin to understand and follow routines since the structure is similar each week. Come join us for developmentally appropriate movement, dance, and music activities led by Dayspring's own Sara Ostrom, Occupational Therapist. This group will help to develop gross motor, language, self esteem, and social skills while having fun!

Louisville

What Stomping with Sara Has To Offer:

- Great for Kids who love music & movement
- Group has a loose structure
- The teacher of the class, Sara, is very enthusiastic
- Opportunity to work on gross motor skills in a fun environment
- Helps a child improve his or her abilities to work in a group setting
- Singing throughout the group helps improve memory and language
- Children do not need to be walking to enjoy this group

Please Note: Music can be loud!

Also note: Stomping With Sara begins and ends promptly on schedule. Please plan accordingly.

No admission fee for children enrolled in
Dayspring.

\$5.00 admission fee for each sibling.

Location: Mountain Kids, 474 S. Taylor Ave.,
Louisville, in the Colorado Technology Center. HWY
287 to Dillon Road, go west approximately 1/2 mile,
turn right on Pierce Ave. Take first right on Taylor,
go .2 miles and just past Boxelder St. Turn right into
parking lot.



WORLD OF WONDER
CHILDREN'S MUSEUM

Wednesdays

9:00-10:00 AM

January 18

February 15

March 21

April 18

May 16

June 20

July 18



No admission fee for children enrolled in Dayspring
\$8.00 admission fee for each sibling. Adults and
children 14 months and under are free.

For more information about activities offered at
WOW!, contact them at (303) 604-2424 or visit

www.wowmuseum.com

Lafayette

What WOW! Has To Offer:

- Special toddler time
- Sand box
- Music & art
- Imaginary play & dress-up
- Pretend store
- Snack area
- Theater in the round for pretend play
- Waterworks
- Dinosaurs & more!



Dayspring early childhood specialist and occupational therapist are always there to answer any questions and to lead a closing circle time that includes singing and sometimes a story. Once you are admitted to WOW! you can stay as long as you wish, or leave and return the same day (just remember to get your hand stamped).

Location: 110 North Harrison Ave., Lafayette
(one block south of Baseline Road and one block east of Public Road in Lafayette)

Rate Information and Admission Fees

If your child is enrolled in **DAYS****SPRING** services there is no charge for our Community Activities. Admission fees will be paid for your child enrolled in **DAYS****SPRING**. Parents are responsible for admission fees for siblings, and are responsible for monitoring siblings to ensure their safety.

Prices listed below are for siblings

B&C Bounce Town	\$5.00
Gymboree	\$5.00
Mountain Kids	\$5.00
Stomping With Sara	\$5.00
WOW!	\$8.00

No charge for siblings:

Airborne Gymnastics
Messy Play Day

If you are wondering if a scheduled event is still happening, call the Community Calendar Cancellation line at (303) 926-6437.

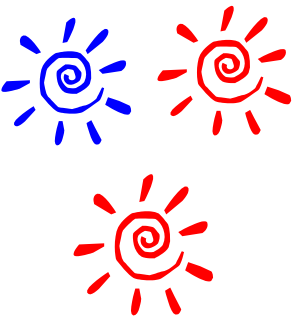
If you have questions about our rates contact Jane Sprague at (303) 926-6493.

Suggestions for making the most of community outings:

- ☺ Follow your child's lead. Let them repeat the various activities over and over again if they choose. Children will select an activity that best fits their current mood and will change activities when they feel satisfied and ready to move on.
- ☺ Some children just like to watch. Research shows that watching is an important activity for young children. You and your child can watch together or YOU can join the activity. Before you know it your child will be joining in the fun.
- ☺ Be cautious not to force your child to participate. They will join when they are ready.
- ☺ Talk to your child about what they are doing. This can occur during the activity, on the way home, and even several days later.
- ☺ **Most of all, have fun with your child!!!!!!**

DAYSPRING
1665 Coal Creek Drive
Lafayette CO 80026

To the family of:



Have fun with
DAYSPRING!